

## WHAT'S INCLUDED IN A PERIODIC HEALTH EXAM (PHE)?

(ALSO KNOWN AS A "WELL-CHILD VISIT" OR "PHYSICAL")



- Review of medical history and physical exam
- ★ Assessment of growth and development
- Counseling regarding nutrition, obesity, drug use, and sexually transmitted infections
- **▶** Immunization review
- Minor problems that do not require a prescription or referral (i.e., diaper rash)
- **★** Vision and hearing screening\*
- **복** Fluoride treatment\*
- **★** Sexually transmitted infection screening\*
- \* Not always covered by insurance plans.

## WHAT MIGHT INCUR AN ADDITIONAL CHARGE?

(OUTSIDE THE SCOPE OF A PHE)



- Acute illness (i.e., ear infection, strep, upset stomach, cough, etc.)
- Chronic concerns like allergies, mood disorders, constipation, GE reflux
- Asthma review and/or spirometry screening
- Mental health concerns (i.e., depression, anxiety, etc.)
- Behavioral, developmental, and/or ADHD concerns
- Medication follow up
- ★ Wart removal
- Injury
- Outside labs and/or x-rays







